

From the young age of twelve, Robin Bone knew she'd become a doctor. "As a young child my grandmother was ill with a massive stroke leaving her partially paralyzed," she says. "My mom was the youngest of ten children, and I can remember tagging along with my mother taking my grandmother to doctor appointments." Initially Dr. Bone wanted to become a dermatologist. She was determined to stay on that course until she did her first delivery at Charity Hospital during her obstetrics rotation at LSU Medical School in New Orleans. Then she was hooked.

"As an OBGYN, I have the best of every specialty while caring for women. Not only do I have the honor of bringing life into the world by delivering babies; I'm an internist, a surgeon, a psychiatrist and a dermatologist," she says. "I'm able to engage with my patients on a personal level. A woman's OBGYN becomes like part of her family." Bone finished her residency in OBGYN at Louisiana State University in New Orleans in 2000 where in her last year she received the Medical Center of Louisiana Charity Hospital Resident of the Year. Dr. Bone opened her private practice in Metairie in 2000, and has been running ever since.

"I'm an only child," she said. "My mom would have been crushed if I moved to another city. But more than that New Orleans is my home and I'm very committed to this city. New Orleans is where I am rooted." She continued to build her practice with Dr. Kathryn Wild, MD at Lakeside Women's Specialty Center carefully hand-selecting the physicians who would join them by searching for others who not only were excellent clinical doctors but also shared their patient-centered philosophy. Lakeside Women's Specialty Center, located on the campus of East Jefferson General Hospital, now includes six thriving female OB/GYNs and a nurse practitioner specializing in women's health.

Over the years, as Bone listened to her patients, she began to hear a repeated comment from menopausal and postpartum women, they ask, "How can I get rid of this belly? Now that I'm over 50 or have had a baby, I can't seem to do anything about it." These are women who eat right and exercise but there are certain areas of the body that are resistant to diet and exercise.

After extensive research and investigating into non-invasive technology of cryolipolysis, freezing fat, she also opened Sculpting Center of New Orleans. "I looked into many fat removal technologies. I wanted something that actually worked, is permanent and is safe for my patients. I have built 15 years of trust with my patients and wanted to make sure I was doing the best and safest treatment to help them," Bone said. "A doctor friend in Baton Rouge introduced me a few years ago to CoolSculpting®, a non-invasive treatment that actually freezes away fat for women and men." CoolSculpting is FDA-cleared and backed by more than ten years of research at Harvard University. Dr. Bone and her staff of registered nurses can eliminate areas of stubborn body fat from the abdomen, flanks, thighs and arms by freezing fat without surgery, removing 20-25% of fat cells from the targeted area permanently.

CoolSculpting is relatively painless and patients can resume their daily activities immediately. Sculpting Center of New



Dr. Robin Bone

Sculpting Center of New Orleans

Orleans specializes in CoolSculpting with dedicated treatment suites fully equipped with a large flat screen TV and WiFi. Because they are one of the very few offices that have two CoolSculpting devices, patients can undergo two treatments in as little as one hour, reducing overall treatment time in half. Dr. Bone and her staff have also received extensive training achieving certification from CoolSculpting University in California in advanced techniques in bodysculpting.

Dr. Bone has remained very hands-on in both medical practices. "It's been great to be able to offer this service to my OBGYN patients as well as the New Orleans community. My practice has always involved much more than the clinical aspect of patient care. As a patient visits, I strive to not only meet the physical/medical needs of a woman, but her spiritual and emotional needs as well; looking after the whole person. As women, we feel better and are empowered when we are confident on the inside and out. Women are natural caretakers of others and rarely take time to do anything special to treat themselves. CoolSculpting allows me to offer this new service to my patients allowing women to empower themselves by changing their shape in a non-invasive way."



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